

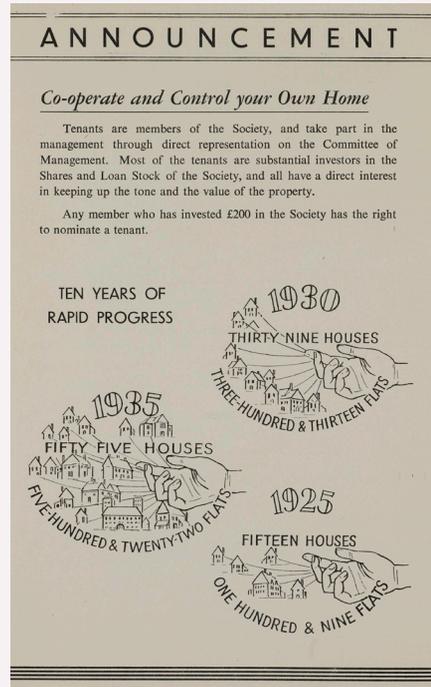
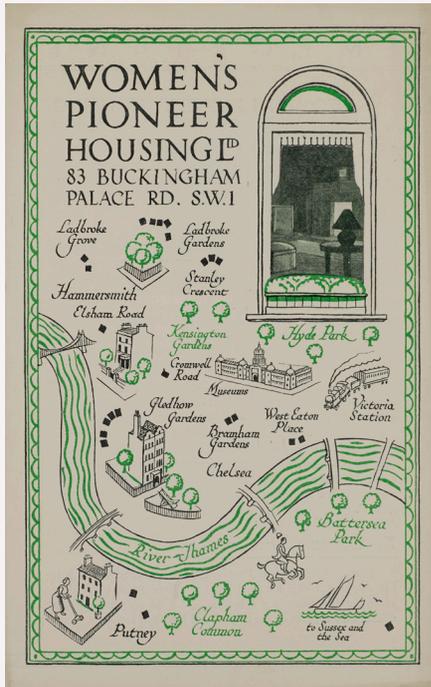
AUTUMN 2020

Pioneer Press



THE NEWSLETTER FOR RESIDENTS OF WOMEN'S PIONEER HOUSING

Celebrating our centenary



Brochure c.1936.
WPH archive - London Metropolitan Archives

This year we celebrate our centenary. We were hoping to party with you all at a Founders' Day event in October, but this has not been possible. We will have to postpone the event until Covid 19 is under control.

However, that should not stop us from celebrating the achievements of our founders and thinking about what we want Women's Pioneer to do in the next 100 years.

WPH was founded in 1920

Women's Pioneer Housing was started in 1920 by some of the women who had fought so hard to get the vote and some supportive men. Our founders understood that the fight for the vote was just the first step in achieving equality for women. They

understood the importance of a woman having a home of her own, being able to live independently, safe from abuse and able to fulfil her potential. More detail about our founders and some of our first tenants are set out on pages 2 and 3.

What about today?

Today, in 2020, the average hourly gender pay gap is around 16%, but the gap is far greater for most Black and Ethnic Minority women. As women are more likely to work part time due to caring responsibilities, their overall earnings are further reduced. The median overall earnings for women in England are around 34% less than men. This builds up over a lifetime,

continued on page 2

Inside this issue

SHARED EXPERIENCE FROM WPH TENANT	2
BLACK HISTORY MONTH	3
FIRST TENANTS	4
BENEFITS IN LIGHT OF COVID 19	6
CORONAVIRUS UPDATE	7
ART EXHIBITION	8
GARDENING EXHIBITION	10
MFC COMMUNAL GARDEN & BULK REFUSE	11
NEW STAFF	12
FUN STUFF	13
QUIZ AND RECIPE	14
EVENTS	15

↳ continued from page 1

and older women are three times more likely than men to retire on a state pension alone. There is not one region of England where a woman on a median income can afford even an averagely priced private rented home.

Worse still, too many women's lack of financial independence increases their risk of experiencing violence, domestic abuse and sexual exploitation. Two women a week are killed by their current or former partner in the UK. Domestic abuse or sexual violence is a leading cause of homelessness in women. Lack of money means that women often stay with abusive partners or enter relationships they would not otherwise choose, to keep a roof over their and often their children's heads.

Our mission

Women's Pioneer exists to provide homes for independent women locked out of the private rented housing market. We only have just under a thousand properties, but we aim to make a positive difference to women's lives. We aim to live up to our 100-year-old logo, this image of a woman relaxing with a book in her own home still resonates today. I hope we can continue to work with our residents to provide high quality, affordable, secure homes for women for at least another 100 years. I don't see the need for homes reducing any time soon.

Denise Fowler, Chief Executive

If you would like to know more about our history and events follow us on our social media channels.

Twitter and Instagram:

@womenspioneer

Interested in joining the **Pioneer Press editorial panel?**

Email: inajara.shuaber@womenspioneer.co.uk

Laura Hardin shares her experience living in one of WPH homes in 2020

I have lived in a WPH flat for ten years, first at Brook House in Acton and currently on Collingham Road.



As I am unable to afford to purchase my own home, I have almost always lived in rented accommodation, usually renting from a landlord. This meant I was at their mercy, from having to move when they decided to sell up, to continue raising the rent by unreasonable amounts or making strange demands on my privacy and independence.

I was so thrilled when I was offered a flat with WPH because it meant I had my own space and privacy, and I did

not have the same worries I had had with private landlords. I am currently living in a quiet building with lovely neighbours, and I feel very safe and secure here, but I know this is not true for everyone. I have enjoyed getting involved with the scrutiny panel and resident's associations, to learn more about social housing and help make things better for other residents.

When I read about how difficult it is for people to find safe and affordable housing these days, I am so very grateful to be a tenant here!

.....
If you would like to become a RESP member, or to work on one of the reviews, or would just like to attend a meeting to see what it involves, then please get in touch with our Housing Team, housingmanagement@womenspioneer.co.uk
.....



Residents Engagement and Scrutiny Panel Members board - 2019

Black History Month UK

BIM

DIG DEEPER, LOOK CLOSER, THINK BIGGER

Karama Saakana shares her history about her parents who originated from the Caribbean and migrated to London as part of the Windrush generation.

I am very much proud to be Black British and living in London. I was born and raised in the UK, but that is a very different tale for both my parents and grandparents. My parents originated from the Caribbean (although having ancestors born in the UK and Ireland from the mid 18th century) and migrated to London as part of the Windrush generation: 'Windrush generation' is used to describe the Afro-Caribbean people who emigrated primarily to the UK for work. The first ship to transport solicited migrants, in 1948, after World War II, was called Empire Windrush, hence the term 'Windrush generation'.

How my family arrived in the UK

My dad arrived in the UK when he was 16 years old. He came from a big family of 7 and lived a quite materially modest family life in Trinidad. My grandparents arrived in the UK a year before my father, so he was left in Trinidad with his siblings while my grandparents worked and saved money, anticipating the arrival of their children. It took a fourteen-day journey to arrive in the UK. He first took a boat which stopped at Jamaica, Grenada, Martinique and Dominica. Onboard he made lots of friends, and they danced to rock and roll records on the dance floor. The boat docked in Tenerife and then in Genoa in Italy where the family boarded a train to France. From there the family took two trains which led to Dieppe in North-Western France where they boarded his last boat to Southampton, then a train to London.

When they arrived in the UK in 1965, it was not a culture shock because he and his eldest brother regularly looked at British movies and listened to the American radio station which played pop music of the latest British groups. Although they arrived at the end of February, he and his two brothers, armed only with cardigans, walked down to Wood Green shopping centre to look around. Fortunately for the family, my grandfather's sister co-owned two houses, one of which they lived in, the other they rented out to three families on three floors.

First Jobs and The Arts

My dad's first job was as an assistant printer (where his uncle-in-law was the foreman) and then went on to work as a shrinkage operator analysing rejected fluorescent lamps. He then found his calling as a journalist/author/playwright. He stayed at home without a paid job and visited many arts hangouts to meet up with older Caribbeans involved in a variety of arts: artist Winston Branch and filmmaker Horace Ové were two of many. Before starting his journalistic career, he did a course in playwriting at the Mountview Theatre Club (now College) in 1967. This gave him the incentive to write his first play 'WORDS' and have it produced at the Round House Theatre in 1969; directed by Horace Ové and on the same program with Sammy Davis Jr. In 1970 he also wrote the scenario and did 50 per cent of the interviews for the first film on reggae, directed by Horace Ové for the BBC. His work has been extensively published in several countries. In 1975 he had his first full-length play 'Soul of the Nation' produced at the Royal Court

Theatre.

Promotion of Black Artist's

My father was and is very much an advocate of promoting Black/African artists and exposing their arts and talent, which at that time was not very popular. He then went on to open his own publishing company, Karnak House, in Notting Hill which publishes books primarily by Black/African authors on art, African and Caribbean Studies, culture and poetry and creative literature. He was actively involved at Karnak House in arranging speakers from abroad such as the late Cheikh Anta Diop and Prof. Ivan Van Sertima at a sold-out audience in 1985 at Camden Town Hall. Others involved Race First author Prof. Tony Martin, science and technology specialist Prof. Gloria Emeagwali and philosophers/egyptologists Profs. Jacob H. Carruthers, Théophile Obenga and medical historian Dr Charles S. Finch III.

My dad came to this country with very little materially but had visions of a more enlightened future. He has been able to complete a PhD in cultural studies and has published several books: poetry, fiction, music and academic.

It's important to recognise what black people have contributed to our culture today, and it is great if we respect each other's cultural differences.

If you would like to purchase any books to learn more about African and Caribbean history, civilisations or the arts, please visit www.karnakhouse.co.uk.

FIRST TENANTS OF WPH

The lives of Women's Pioneer Housing's earliest tenants were, in many ways, surprisingly similar to ours.

The interwar years (1919 – 1939) were chaotic, troubling times filled with financial and political instability, and marred by the rise of fascism. Like us, those women had also lived through a global pandemic - the deadly Spanish Flu of 1918-1920. Although women faced greater discrimination a century ago, we are still faced with some of the same struggles: a gender pay gap persists, as do difficulties finding and affording safe accommodation due to a range of intersecting inequalities. WPH's work is as vital now as it was a hundred years ago. Despite this, the stories of some of our early residents can offer hope and inspiration. No matter their backgrounds or achievements – rich and poor, professional and lower-paid workers – all the women who found homes through WPH had their

lives changed for the better and were able to forge their own paths in a comfortable and secure environment.

Ivy Davison (1892 -1977)

Ivy Davison spent almost three decades as a WPH tenant, during which she carved out a career as a highly influential journalist, reviewer, and editor on London's literary scene. She was described by her friend Vita Sackville-West as

'a young woman of enterprise and independence who had shaken herself free of tradition to make her own money, her only source of income'.

WPH was a key source of support for an ambitious, professional, and independent woman like Ivy, who would otherwise have struggled to find a home of her own in London.

Ivy moved into 28 Barkston Gardens in 1928, while she was working as an Assistant Editor for the Saturday Review. After a brief period as a letter writer for Virginia Woolf in the mid-1930s, she joined the Geographical Magazine, first as Assistant Editor in 1937 and then as Executive Editor during World War Two. She published a range of influential up and coming writers, including Sylvia Townsend Warner, Laurie Lee, and L. P. Hartley, and counted women like Vera Brittain, Lady Rhondda, and Rose Macauley amongst her wide circle of friends. Ivy resigned from the Geographical Magazine in 1945 due to ill health, but she continued contributing reviews up until the 1960s. Barkston Gardens remained her home until 1957 when she retired to Sussex to spend time painting and writing about the history of country houses. She died on 15th November 1977. Although her work as an editor kept her out of the spotlight, she made a huge contribution to Britain's literary and magazine culture in the interwar years.

Gwen Winterson (1904-2001)

Gwen Winterson was an early resident of Brook House. Along with Nightingale House, and Browning House, this was one of the first purpose-built block of flats that WPH purchased in 1935. WPH were able to offer these flats at a cheaper, weekly rate, which meant they were affordable to women in low-paid occupations, such as waitressing, retail, and laundry work. As a waitress at the Gaumont film studios in Lime Grove (later the BBC), Gwen was one of the lower-paid working women who WPH were able to accommodate





Gwen Winterson

after purchasing Brook House. Gwen had lived with her mother Gertrude until Gertrude's death in 1936.

As a single woman, her options would have been limited but, luckily for Gwen, one of the men at work recommended WPH because his sister lived at Brook House.

Brook House became Gwen's home until her death in 2001 – an incredible sixty-four years! In an interview shortly before her death, Gwen spoke of how Brook House provided her with a stable and supportive environment even when she struggled to pay the fifteen shillings a week rent.

What's more, she enjoyed being part of a lively and fun community of women. In particular, she became close friends with Joyce Mary Pollock, a divorcee with a love of jazz who had lived in America. Gwen recalled:

'Ours was the very best landing. My neighbour Joyce had a wind-up record player and every Sunday morning she'd play Harlem. The minute we heard it, we rushed out in our petticoats to dance around the landing.'

Isabella Gordon (1901 – 1988)

Unlike many of the early WPH tenants who came from wealthy or middle-class backgrounds, Isabella Gordon was the daughter of a farm labourer and a domestic servant. Unusually for that time, her parents were unmarried when she was born, and her mother had two older illegitimate children by different fathers. Isabella was awarded a bursary that allowed her to continue her education beyond the age of 14, and she won a place at Aberdeen University in 1918. During her studies, she supported herself

financially by demonstrating practical classes to junior students.

After completing a PhD and carrying out research in Jamaica and the USA, Isabella moved to London to work as an Assistant Keeper at the British Museum, where she remained until retirement. She enjoyed a long and distinguished career, publishing widely in scientific journals and speaking at conferences all over the world from 1935-1963. In 1961, she received an OBE and was a distinguished guest at the 60th birthday of Japanese Emperor Hirohito, who was a keen amateur marine biologist.

Isabella was a WPH tenant between 1938 and 1944, after a recommendation from her fellow British Museum colleagues Helen Muir-Wood and Dorothea Bate. It was fairly common for tenants to help friends, family, and colleagues by recommending WPH's services, showing how much they valued their WPH home. Knowing a tenant would undoubtedly have helped a woman's chances of being allocated a property, a valuable 'in' given how oversubscribed WPH – in the 1925 prospectus, the committee declared

more houses are needed – if a house could be purchased every week there would be applicants enough to fill it'.

This level of demand, of course, remains the same to this day!



Isabella Gordon

BENEFITS AND OTHER SUPPORT AVAILABLE IN LIGHT OF COVID 19



Angela Okwesa, our Financial Inclusion Officer provides some useful tips on benefits



Claim Universal Credit

Have you been made redundant after your furlough payments? Or you cannot work due to coronavirus (COVID-19)?

If yes to either, you should go online and make a claim for Universal Credit.

Claim “New Style JSA”

Have you lost your job, been made redundant, voluntarily left work or are unable to work due to Covid -19 but have savings over £16,000?

You could make a claim for “New Style JSA”

New Style Jobs Seekers Allowance (JSA) is a contribution-based benefit. This means you may be able to get it if you have paid and/or been credited with enough National Insurance (NI) contributions in the two full tax years before the year you are claiming in.

If you qualify, you can get New Style JSA for up to one hundred and eighty two pounds. After this, your work coach will talk to you about your options.

When you qualify for both

If you qualify for both New Style JSA and Universal Credit, any New

Style JSA you receive will be taken into account as income for Universal Credit.

Remember: Your savings and capital (or your partner’s savings, capital and income) are not taken into account when claiming New Style JSA.

While you receive New Style JSA you will be awarded Class one National Insurance credits, which can help towards your State Pension and other contributory benefits in the future. It is a regular fortnightly payment.

If you have an illness or disability which stops you from working, you cannot claim New Style JSA, but you may be able to claim ‘New Style’ Employment and Support Allowance.

PIP or Disability Living Allowance

It is time again to ignore how much savings you have in the bank.

If you are ill and living with a health condition or disability where you:

- have had difficulties with daily living or getting around (or both) for three months or more
- Expect these difficulties to continue for at least nine months

You might be able to get PIP or Disability Living Allowance and always remember your entire savings and capital is disregarded.

If you have any questions, need help or assistance in applying for any state benefit you can claim or are just not sure what to do about any benefit issues, I will be more than happy to help. Contact Angela on 07900 605246 or send an email to HousingManagement@womenspioneer.co.uk



Angela Okwesa, WPH Financial Inclusion Officer

CORONAVIRUS UPDATES

COVID-19 case numbers are rising rapidly, and the government has imposed a new four-week lockdown across England from Thursday 5th November.

Full details are available on the government's website at <https://www.gov.uk/guidance/new-national-restrictions-from-5-november>.

Our priority continues to be the safety and wellbeing of our staff and residents.

About our services

We are continuing to provide all essential services, and some non-essential services, subject to risk assessment.

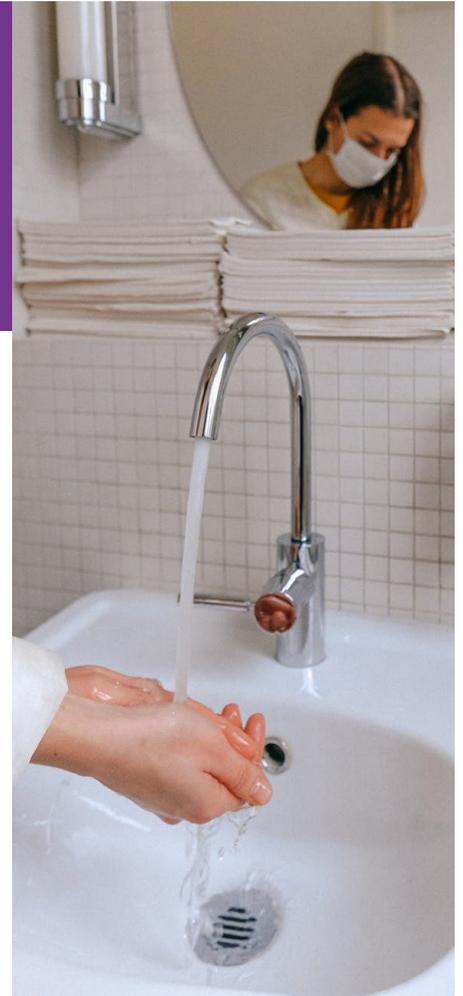
All our staff and contractors are using safe working practices in line with government and HSE guidance. If you have any concerns, please contact us.

Our office in Wood Lane remains closed to visitors except for essential

pre-arranged appointments, e.g. for tenancy sign-ups. Housing Officers will seek to deal with most issues by telephone.

The Managers at our schemes for older women will continue to attend the schemes each day. Estate Services Officers will continue to visit properties regularly to check on the quality of estate services and to carry out health and safety checks. Most repairs and maintenance works will continue, but we will be risk assessing in each case. The kitchen and bathroom programme in residents' homes may pause for four weeks.

If you need any support to access services, please get in touch, e.g. if you are affected by the loss of earnings due to the coronavirus, we have



trained specialist staff who can help you claim the financial support the government has put in place.

We know that this is a worrying time for everyone. We are here to help.

Details of how to contact us are on the back page of this newsletter.

Please check our website for updates.



CORONAVIRUS
PROTECT YOURSELF & OTHERS

NHS.UK/coronavirus
GOV.UK/coronavirus

WPH Online Art Exhibition 2020

Our annual art exhibition is on WPH's website. It showcases different artworks produced by WPH residents, celebrating the rich and diverse skills of our local artists.

The artworks submitted used different media and materials resulting in a variety of themes. The exhibits were striking and showed an array of art and expression in many different forms. Themes include Black Lives Matter, lockdown, dance, culture, everyday life and its details.

The whole exhibition is at our website on the address below:

<https://www.womenspioneer.co.uk/womens-pioneer-housing-online-art-exhibition-2020/>

Access it and come with us and dive into this myriad of colours, information and materials.

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The artists are:

Aramatou Toure

"I think 2020 has been a year of revelation trauma and conflict; many of us have been involved with attempting to disentangle our emotional histories."

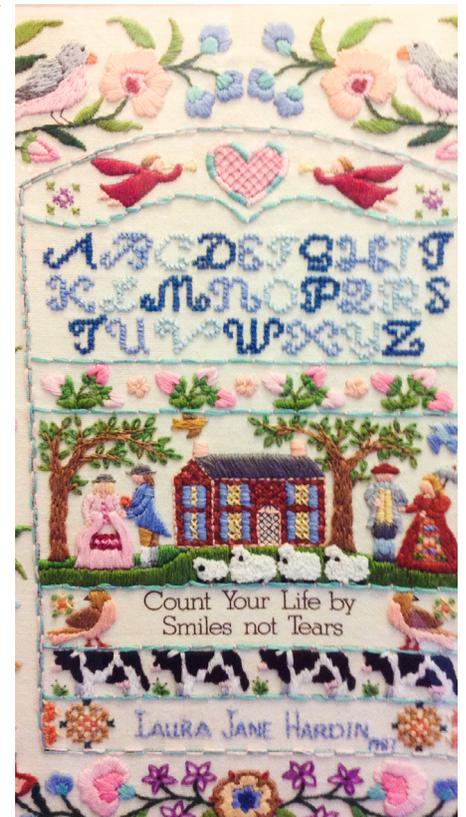


Aramatou artwork is called Memory Crying Dance of River (Dance of River), and she used yarns to create the pieces. She reflects on protests of Black Lives Matter that started in May 2020.



Laura Hardin

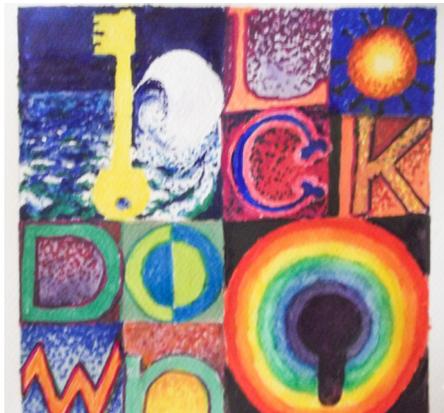
"The photos of the houses represent houses I frequently saw in San Francisco when I lived there. They all represent many hours of keeping busy while enjoying an evening."



Laura created beautiful and colourful embroideries full of details. Floral patterns and houses forms pieces of artworks. She draws with thread.

Margaret Whitehead

“Drawing and painting in acrylics and watercolours are favourites but also experiments with mixed media including collage. Subject matter includes landscapes and abstraction and design. Keeping busy is no problem – there’s always something to look at and make art!”



Margaret explored her creativity, creating pieces based on the feeling of lockdown and experiences of 2020. She also painted still life and colourful landscapes in acrylics.

Sara Fiamberti

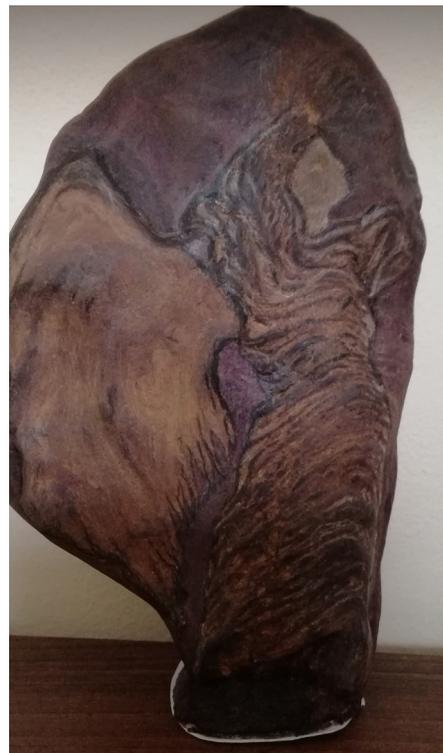
“I draw through making. Spontaneity and the urgency to create is expressed through my work.”



Sara creates miniatures with recycled material and clay. They form objects that tell a story and also recreate objects and moments of our daily life.

Valentina Zhukova

“Along the seaside, I find ordinary stones on which nature creates awe-inspiring paintings and drawings. Each stone is unique, stone images are as individual as a fingerprint.”



The title of this artwork is Fairy of flowers. Valentina uses stone to create beautiful paintings. Each one of the rocks has different shades, and with Valentina’s talented hands, they become portraits, drawings, form images of people, angels and animals.

Updates on Bulk Refuse



In the Summer edition of Pioneer Press we wrote to you about bulk refuse. We explained that bulk rubbish and unwanted household items that had not been disposed of correctly, are a significant problem. They may pose a fire hazard if access is blocked; or if refuse has not been bagged correctly there is a risk of vermin.

Some residents have taken note of this message. The Estate Services Team has received calls from residents who have left items outside their property to advise us what arrangements have been made for disposal. To these residents we say a huge thank you.

This may seem a small gesture but by taking responsibility you have saved your neighbours a significant amount of money.

This is because we have to employ a contractor to remove the items, and you pay for this removal through your service charges.

Check how to remove large items

If you have an item to remove that is too large for the bin please check your Local Authority website for details of how to remove large items.

The British Heart Foundation offer a Covid-secure furniture, electrical and homewares collection service that is

available to book online and continues to operate in areas of local lockdown.

You can find details on-line at <https://www.bhf.org.uk/shop/donating-goods/book-furniture-collection-near-me>

Contact your ESO

If you do not have ready access to on-line services please contact your ESO who will advise on how to dispose of the items. Their contact details are displayed on the communal noticeboard. If you live in Older Women's Housing contact your Scheme Manager.

Mary Flux Court Sheltered Scheme has an addition to the communal garden

Two long raised bed planters have been installed at Mary Flux Court Sheltered Scheme

The green-fingered residents at Mary Flux Court Older women's Housing are enjoying an addition to the communal garden. Two long raised bed planters have been installed following joint working between residents, the Estate Services Team and the Housing Team.

Residents are able to Garden

The patch of grass had become quite worn and was not serving a purpose. By installing the planters the residents will be able to garden, planting seeds and plants of their choice and because they are raised, those residents whose mobility is restricted will still be able to join in.

The work was carried by the gardening contractor

The Estate Services Team arranged for the work to be carried out by the gardening contractor after seeking quotations for the work. The Housing Team paid for the work from the Resident Involvement Budget. This budget is allocated between the three patches therefore if you have an idea for a project please contact your Housing Officer to discuss it. You will find their contact details on your communal noticeboard.

Diane Humphrey, one of the residents of Mary Flux Court said:

"The new planters will offer increased opportunities to socialise, create interest and the manageable areas will offer individuals a chance to grow their own."



Gardening Competition 2020



We hosted an online gardening competition this year and received lovely entries

We celebrated all the hard work that our talented gardeners put in to make their homes greener and more colourful by running our annual garden competition for all our residents.

A number of tenants kindly participated in the garden competition this year and from the magnificent

entries, we had three lucky winners.

- **Christina Karasiewicz for her window box**
- **Priscilla Bisa for her private garden**
- **Stella Hunt for her contribution to the communal garden**

They each won B&Q gift cards to buy

something in the store of their choice.

One of the winners emailed to express her delight that she had won and said she looks forward to spending the gift card soon.

We would like to encourage more residents to participate next year and cannot wait to see the amazing entries in 2021.

Christina Karasiewicz's window boxes



Priscilla Bisa's private garden



Stella Hunt's communal garden



WELCOME TO OUR NEW STAFF

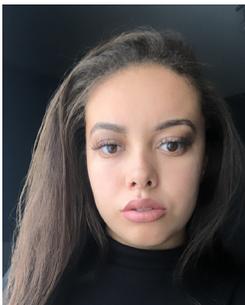
We are welcoming six new members of staff since the last issue. This is a brief introduction to them and their roles. New staff members are Alison Roberts, Chiedza Tasosa, Eadaoin Murphy-Vincent, Karama Saakana, Kelly Henderson and Suzanne Ling.



Alison has joined as our HR Administrator. She supports in providing a comprehensive HR service and supporting our wider team of administrators in other aspects of our activities.



Chiedza has joined as our Governance & Secretariat Administrator. She provides support to the Chief Executive and the Executive team assisting corporate planning, governance frameworks and works across the organisation supporting different aspects of our operational activity.



Eadaoin is our new Estate Service Officer. She is a vital interface between the residents and other internal and external teams monitoring our estates services and the safety of our properties.



Karama (Kay) is our new Facilities & Customer Contact Administrator. She offers support to deliver and maintain the effectiveness of facilities at our head office and offices in older women's housing. Kay ensures our contacts with residents and external contacts continue to provide an efficient service.



Suzanne has also joined as a new Estate Service Officer. She is a vital interface between the residents and other internal and external teams monitoring our estates services and the safety of our properties.

Kelly Henderson is appointed as WPH's new Interim Director of Housing

Starting her housing career in 1997 Kelly has experience in a wide variety of roles including housing management, housing policy, asylum support and the supporting people programme. Kelly is passionate about women's access to housing as a key resource for their empowerment and in tenants having a real say in the services they experience.

She is a founding board member of Women in Social Housing (North East) supporting women across the housing sector to achieve their potential. Kelly's most recent role was co-founder of the award-winning Domestic Abuse Housing Alliance (DAHA) which provided her with the opportunity to work with many organisations across the sector. Kelly is a trustee of the Alice Ruggles Trust, an Honorary Research Fellow at Durham University and a Steering Group member of the Centre for Research into Violence and Abuse (CriVA).

'I am humbled to take up the role at WPH particularly in their centenary year, where they continue to make a positive difference to women's lives. The role attracted me as the organisation's values mirrored my own and offered an amazing opportunity to play a part in providing homes and services to offer a springboard to support women to achieve their potential'.



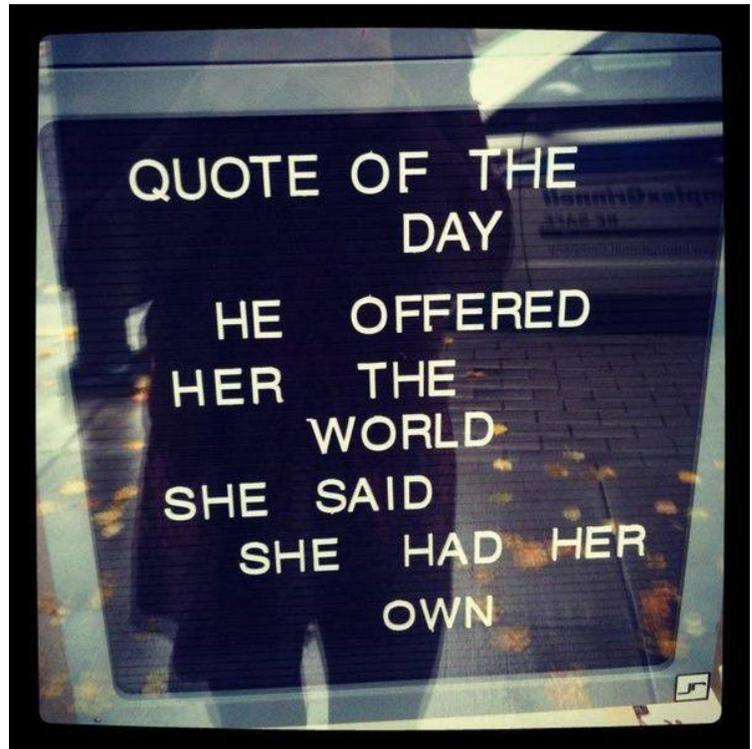
FUN STUFF



This new section was created by Siddiqua Akhatar, who is a WPH tenant. We hope this section can make you laugh and relax even during difficult times.

“I’d like you to join me in the magic of Julie Andrews’ singing ‘Favourite Things’ from ‘The Sound of Music’... as I change the lyrics....”

‘Covid’s imprisoned us during this long pandemic
So much time spent indoors on phone screens is endemic
Whilst time lost on the web feels as bad as it seems
Here a few of my favourite memes...’”



Go on, Smile! :))

It's like a hammock slung between your ears so that your joy rest under your nose



Do not look now: Answer to our WPH's history Quiz

1. 4 October.
2. 1924.
3. Buckingham Palace.
4. Browning.
5. The Women's Social and Political Union.
6. The Royal Institute of British Architects.
7. 67 Holland Park Avenue (in May 1921).
8. French hats.
9. The Natural History Museum.
10. Fifty years.

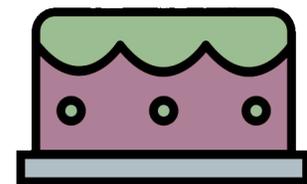
TEST YOUR KNOWLEDGE: WPH Centenary



What do you know about WPH's History? Try your memory with this Quiz prepared by Aidan McCarthy.

- 1 On what date in 1920 was Women's Pioneer Housing officially registered as a Public Utility Society?
.....
- 2 In what year did Nina Balfour design the WPH emblem which is still in use today?
.....
- 3 Women's Pioneer's first offices were around the corner from which Royal London landmark?
.....
- 4 What was the surname of Etheldred, one of the principal founding members of Women's Pioneer?
.....
- 5 Helen Archdale, another of our founders, was the Prisoner's Secretary for which prominent suffragette organisation?
.....
- 6 Gertrude Leverkus, who designed many of our first flats, was one of the first women to become a member of which professional body?
.....
- 7 Which building – still part of our stock to this day – was the first bought by Women's Pioneer?
.....
- 8 In 1932, our resident Violet Jarrett was arrested for smuggling what items into the country?
.....
- 9 Paleontologist Dorothea Bate, a WPH resident for 15 years, was the first woman to work at which London museum?
.....
- 10 For how long was Edith Mary Flux, after whom Mary Flux Court is named, a Women's Pioneer resident?
.....

INTO THE KITCHEN AT FORK-POINT



SUFFRAGE ANGEL CAKE

This recipe is from a 1915 suffrage cook book. It was created from the kitchen of a real suffragist, Eliza Kennedy Smith, who used the cake for Votes for Women fundraising.



INGREDIENTS

- 11 egg whites
- 1 full cup cake flour
- 1½ cups granulated sugar
- 1 heaping teaspoon cream of tartar
- 2 teaspoons vanilla extract
- 1 pinch of salt

COOKING METHOD

First, you will want room-temperature egg whites, so set the eggs out about an hour before you will start baking. When you are ready to start the recipe, preheat the oven to 150 degrees Fan oven.

Sift the cake flour nine times. Then sift the granulated sugar seven times. Modern cooks can opt instead to pulse the sugar in a food processor. The latter approach also makes the sugar less coarse, which helps ensure the proper structure of the cake. Sift it one or two times afterward to get

rid of any remaining lumps.

Separate the eggs and beat the egg whites in a bowl. When they have reached a frothy texture, gradually add in the cream of tartar, salt, and sugar until the mixture is light with soft peaks. Then add the vanilla.

Sift part of the flour into the bowl of egg whites and fold the whites into the flour. Repeat until all the flour is blended. Put in an ungreased angel food cake pan. Cook at 150 degrees for about 30 to 40 minutes, until a toothpick inserted into the cake comes out clean. Place a plate on your counter and rest the cake pan upside-down to cool (this position prevents the cake from deflating). When it is cool, run a knife around the pan's edge and lightly hit the pan to guide the cake out. For extra flavour, garnish with berries and whipped cream.

Free events November to December

November

FREE ONLINE WELLBEING EVENTS WITH INNER SPACE

Inner Space is running a series of live online meditations, talks and seminars to get us through November. There will be daily lunchtime meditations from 1pm-1.20pm to help clear your mind and de-stress, as well as morning meditations for a natural energy boost from 8.30am-8.45am on Mon, Weds and Fri. A series of live online talks kicks off on 20 Nov, and Being Happy, Staying Happy on 27 Nov (all 6.30pm-7.30pm). Live online seminars run as follows: Think More Positively on 17 Nov, Stress Less, Relax More on 19 Nov, People Skills on 24 Nov and Overcoming Self-Limiting Beliefs on 26 Nov (all 6pm-6.45pm). [innerspace.org.uk](https://www.innerspace.org.uk)

19-22 November WIMBLEDON ART FAIR ONLINE

Wimbledon Art Fair goes online this year, delivering original, affordable art straight to your home. The online platform will allow you to browse, discover and buy online from over 100 artists and makers. You'll find themed collections to suit all budgets and can join artists and makers for online Q&As and studio tours. Pre-book your free ticket for exclusive early access to the mini-masterpiece sale and Wimbledon Art Fair Online. [wimbledonartfair.com](https://www.wimbledonartfair.com)

Wednesday 19 November FIGHTING FOR A GREEN NEW DEAL

<https://freeworld.org/event/fighting-for-a-green-new-deal>, 7pm to 8.30pm - Green New Deal UK explore how we can tackle climate breakdown and foster a fairer society.

November TATE ONLINE

Highlights include the monthly Late at Tate Britain Online on Friday 20 Nov, taking inspiration from the recently opened Turner's Modern World at Tate Britain to explore the effects of climate change in today's modern world, and The Making of the Modern World: War, an online panel discussion exploring the history of conflict and art on 23 Nov from 7pm-8.15pm. Other content available at [tate.org.uk](https://www.tate.org.uk).

Every Monday CAMBERWELL ARTS ONLINE WINTER PROGRAMME

www.instagram.com/solocraftfair, 7.30pm to 9pm - browse 100's of incredible gift ideas from some of the best makers in the country.

Until February 2021 ROMEO AND JULIET ONLINE

Check this amazing production featuring our favourite star-crossed lovers. One of the world's most beloved stories is now available for your viewing pleasure through Shakespeare's Globe YouTube channel.

From 13 November 2020 to 22 November 2020 EFG LONDON JAZZ FESTIVAL 2020

Enjoy spectacular live performances from your couch or attend music-themed London events as the city celebrates all things jazz with EFG London Jazz Festival 2020. <https://efglondonjazzfestival.org.uk/>

From 23 November to 4 December 2020 DIGITAL STAGE IN FOCUS - SADLER'S WELLS X CANDOCO

In Sadler's Wells x Candoco Dance Company, delve into the company that is at the forefront of the conversation surrounding dance and disability. Take Part in the Get Into Dance Workshop hosted by four of the company's dancers, who will introduce participants to Candoco's style and technique. Second, watch an on-demand screening of Let's Talk About Dis, choreographed by Sadler's Wells New Wave Associate, Hetain Patel. Third, Sadler's Wells Digital Stage and Candoco present a special new digital commission in collaboration with the Alternative Limb Project. <https://www.sadlerswells.com/whats-on/2020/digital-stage-in-focus-sadlers-wells-x-candoco/>

Contact us

Due to the Coronavirus restrictions, our Wood Lane office is closed except for prearranged essential appointments.

General enquiries - Phone us: ☎ 020 8749 7112 Email: info@womenspioneer.co.uk

Repairs enquiries - Call the team directly Monday to Friday between 9.30am and 5.30pm:
☎ 0208 749 7112 select option 1 or 0208 743 4422

The emergency numbers below are only to be used for a situation that cannot wait. You can also report repairs online from our website. Go to the residents' tab, then click report a repair or email repairsresponseteam@womenspioneer.co.uk

Housing enquiries - Call the team directly Monday to Friday between 9.30am and 5.30 pm:
☎ 0208 749 7112 select option 2 or Email: housingmanagement@womenspioneer.co.uk.
If you would like to pay your rent call ☎ 0208 749 7112 select option 3.

Feedback: We always welcome your feedback. Please email feedback@womenspioneer.co.uk
Or you can write to:
227 Wood Lane, London, W12 0EX.

Emergency out of hours numbers

16

If you have an emergency repair out of hours, details of who to contact for the different types of repairs can be found on the right.

Our repairs line 0208 749 7112 provides a recorded announcement of our emergency contractors and their telephone numbers.

You will not be able to report a repair if you dial this number, but you will be able to listen to an audio recording of who to call.

Building Maintenance

(roofing, windows, carpentry, plumbing and electrical):
24 Hour Solutions Ltd -
0845 544 2842

Confirm when calling that you are a WPH tenant

Locksmiths

Hagan Locksmiths
0800 865 4808

Power cut to the whole house:

UK Power Network
0800 056 6341 or 0333 32 32 105

Gas leak:

National Grid
0800 111 999

Lift breakdown:

Specialist Lift Services
01732 455 771

Problems with Warden call systems:

S.E.A
01322 619 155

All heating and hot water including individual boilers, radiators, heating controls and communal boilers:

S&S Burners
020 8330 7992

Please leave your full name, telephone number and address when calling S&S Burners. They will be able to contact you as soon as possible.

For fire alarms, in a shared part of your building:

Fire Systems Ltd
0208 619 1035