

Stay safe in your neighbourhood during Covid-19

Please stay at home to help reduce the risk of catching and passing on Covid-19

If you have any of the following symptoms, you must get a free test and stay home until you receive the result:

- ▶ A high temperature
- ▶ A new, continuous cough
- ▶ Loss or change to your sense of taste or smell

If you have tested positive for Covid-19 you must isolate for 10 days and anyone else in your household must also isolate for 10 days.

How to stay safe and reduce the spread of COVID-19



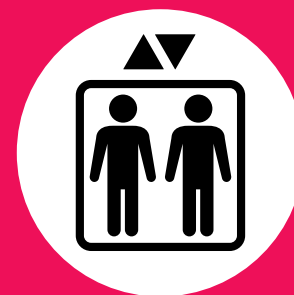
Consider a kitchen rota if you share any facilities



Ventilate facilities, hallways and enclosed spaces



Clean surfaces in shared facilities such as toilets, bathrooms and kitchens before and after use



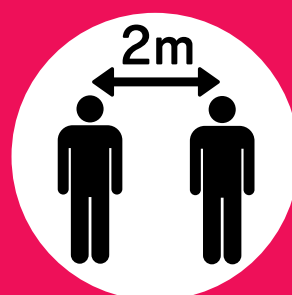
Where possible do not share lifts in a building and ensure you wear face masks



Ensure you wash your hands with soap and water regularly for 20 seconds or use hand gel sanitiser



You must always wear a face mask in enclosed public spaces



Keep 2 metres apart from other people at all times

You can find out where to get a test at www.nhs.uk/coronavirus or book one online at www.gov.uk/guidance/coronavirus-covid-19-getting-tested

You can find up to date information and guidance at www.rbkc.gov.uk/coronavirus



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA